



Canada DanceSport

DanseSport Canada

New CDS Age categories as of January 1st, 2014

RULE 7 - ELIGIBILITY OF COMPETITORS {effective January 1st, 2014} Changes are in Red

7.01 Age restrictions:

Juvenile I:	reach 9th birthday or less in the calendar year
Juvenile II:	reach 10th or 11th birthday in the calendar year
Junior I:	reach 12th or 13th birthday in the calendar year
Junior II:	reach 14th or 15th birthday in the calendar year
Youth:	reach 16th, 17th or 18th birthday in the calendar year
Under 21:	reach 16th, 17th, 18th, 19th or 20th birthday in the calendar year
Adult:	reach 19th birthday or more in the calendar year
Senior I:	One partner must have reached his or her 35th birthday in the calendar year and the other partner must have reached his or her 30th birthday in the calendar year.
Senior II:	One partner must have reached his or her 45th birthday in the calendar year and the other partner must have reached his or her 40th birthday in the calendar year.
Senior III:	One partner must have reached his or her 55th birthday in the calendar year and the other partner must have reached his or her 50th birthday in the calendar year.
Senior IV:	One partner must have reached his or her 65th birthday or more in the calendar year. The other partner must have reached her or his 60th birthday or more in the calendar year.

Putting two age-groups together, such as Juvenile I and II as well as Junior I and II in one class, is optional. Junior II couples are allowed to compete in all Youth events except the CCC & its Regional Qualifiers. Youth couples are allowed to participate in adult competitions. In all age groups one partner of a couple can belong to a younger age-group, except in Senior I, Senior II, Senior III or Senior IV.

Please be advised that these new ages will be applied to all CDS Regional Association Sanctioned competitions including the CCC & its Qualifiers.