

SCHEDULE F
CADA DRESS CODE

RULE 1 - JUVENILE {effective April 6 2007}

1.01 Beginner [Newcomer], Pre-Bronze, Bronze, Silver, Gold – Standard and Latin

- No competition costumes allowed

Girls:

➤ **Dance Wear**

- ❖ Leotard with wrap-over skirt or a simple dress is allowed
- ❖ Sequins, rhinestones or similar decorations are not allowed on skirt and dress
- ❖ One simple circular underskirt is allowed
- ❖ Must have sleeves
- ❖ No bare midriffs
- ❖ No more than 10 cm above the knee and no longer than 10cm below the knee
- ❖ The panties of the dress have to cover the underwear

➤ **Color**

- ❖ Dress made with a print fabric or a solid color fabric is allowed
- ❖ Dress must be of the same fabric throughout
- ❖ Combination of different color fabrics is not allowed
- ❖ Skin color and see through inserts are not permitted

➤ **Hairstyles**

- ❖ Too elaborate hairstyles are not desirable

➤ **Make Up**

- ❖ Only moderate amount of make up is allowed
- ❖ No artificial nails, tan or lashes

➤ **Materials**

- ❖ Materials must not have metallic thread, or be decorated with sequins, lace, diamante, rhinestones, fluorescent paint, feathers, fringe, bows or any other similar trimmings
- ❖ Any color except skin color

➤ **Shoes**

- ❖ Block heel only with a maximum height of 3.5 cm
- ❖ High heel shoes are not permitted
- ❖ Shoes may be worn with short socks
- ❖ Skin color tights may be worn but mesh tights are not allowed

Boys:

➤ **Dance Wear**

- ❖ Black trousers, plain white or black shirt with black tie or bow tie
- ❖ No wing collar or rolled up sleeves allowed
- ❖ Shirt must be tucked in
- ❖ For Latin black turtle neck will be permitted and black tie or bow tie is optional

PROHIBITED MATERIALS AND STYLES

[SEE IDSF DRESS REGULATIONS – APPENDIX 1 AND 2 FOR JUVENILE STYLES]

Girls:

- slash-neck leotard or dress with one sleeve
- leotard or dress with shoe string straps or straps of any description
- leotard or dress with straps and body stocking or similar see-through material inserts
- skirt with feathered trim, fringe, fringe trim, or tiered frills
- skirt made up of strips
- skirt with frill and split up front
- skirt with wired frills must not have splits up front, back or side

- sleeveless leotard or dress with frills on shoulder
- slashed thighs or cut-out bodices front or back
- bare midriff

Boys:

- satin or similar shiny material
- extra full sleeves

1.02 Pre-Championship, Championship – Standard and Latin

- Competition style costumes or follow dress code in Rule 1.01 above [See IDSF Junior II Dress Code Rules for restrictions]

Girls:

➤ **Shoes**

- ❖ Block heel only with a maximum height of 3.5 cm
- ❖ High heel shoes are not permitted
- ❖ Shoes may be worn with short socks
- ❖ Skin color tights may be worn but mesh tights are not allowed

RULE 2 - JUNIOR

2.01 Beginner [Newcomer], Pre-Bronze, Bronze – Standard and Latin

- Follow dress code in Rule 1.01 above

Girls:

- High heels are permitted
- Excessive makeup is not desirable
- Too elaborate hairstyles are not desirable

2.02 Silver, Gold – Standard and Latin

- Costumes Optional [See IDSF Junior II Dress Code Rules for restrictions]
- Both members of the partnership must either be in costume or both in the dress code described under Rule 1 - Juveniles above [Not a mixture of the two dress codes]

Girls:

- The top of the dress must be attached to the bottom in such a fashion that the naval area is covered
- Pants, jeans, shorts, or jumpsuits are not permitted

2.03 Pre-Championship, Championship – Standard and Latin

- Competition style costumes must be worn [See IDSF Junior II Dress Code Rules for restrictions]

RULE 3 – ADULT, YOUTH AND SENIOR

3.01 Beginner [Newcomer], Pre-Bronze, Bronze – Standard and Latin

- BC may elect to have costumes optional in Bronze level until June 1, 2008
- Both members of the partnership must either be in costume or both in the dress code described under this Rule 3.01 - [Not a mixture of the two dress codes]

Ladies:

- No costumes are allowed
- Day dress, or skirt and blouse
- Dress must not be decorated with sequins, diamante, rhinestones, feathers, fringe, or similar decorations

SANCTIONS

If a couple is not dressed in accordance with this Dress Regulation and receives a warning from the Chairman of adjudicators, they have to comply with the regulation or face disqualification **IMMEDIATELY BY THE CHAIRMAN**. The presidium can impose additional sanctions including suspension from competitions for repeat offenders.

DEFINITIONS OF TERMS

No restriction (NR) – there are no restrictions in this matter

Not allowed (NA),

Only allowed (OA),

Intimacy area (IA) – body zones, which **have to** be covered by non transparent materials or transparent materials lined with non transparent materials. If skin color is used, it **has to be SwD**.

For Female partner:

- tangas are **NA**.
- skin colors panties are **NA**.
- Breasts **have to** be covered
- the distance between bra cups **has to be less than 5 cm**.

Shape area (SA) – minimum area which **has to** be covered. Transparent materials are allowed in these areas, any color is allowed.

Basic material – creates shape of the dress

- with light effects (metallic, glitter, sequined, ...)
- without light effects

Decoration – anything fixed on the basic material, hair, skin:

- with light effects (rhinestones, sequins, beads, pearls, ...)
 - without light effects (feathers, flowers, bows, fringe, lace applications, ribbons, ...)
- Tie clips, studs, cufflinks, buckles are not thought of as decorations.

Hip Line (HL) – panties top line (how low)

= straight horizontal line, top of line between buttocks muscles (intergluteal line) **must not** be visible.

Panty Line (PL) – panties bottom line (how high)

- back side – whole buttocks are covered
- in the front – follows line between flexed leg and body

The distance between HL and PL on the side **has to be more than 5 cm**

Man's Top Opening Point (TOP) – point, to which top or shirt can be opened

= centre of the belt buckle or centre of the trousers top line

Colors





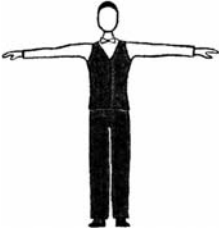

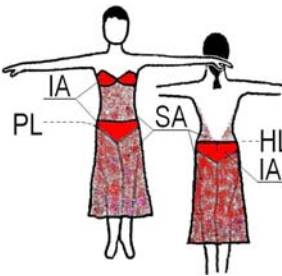
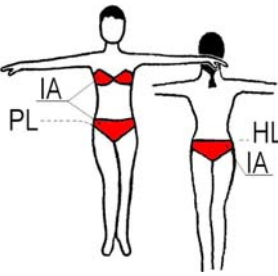
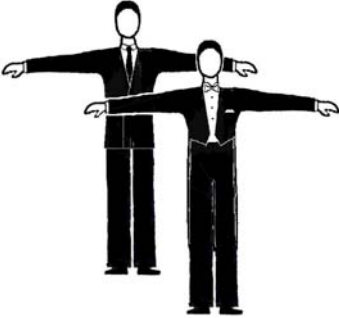
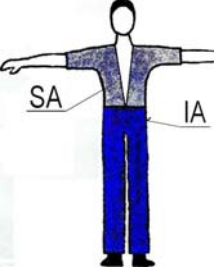
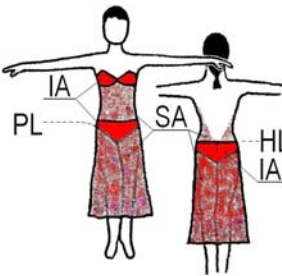
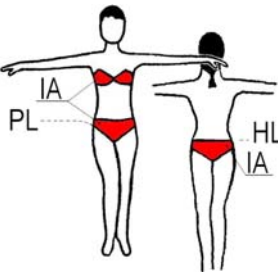
- **black only (Bo)**
- **black (B)** – means black and midnight blue
- **white (W)**
- **skin color (S)** – equal to the color of the dancer's skin during the competition (with tan)
- **skin color with decoration (SwD)**
- **any color (C)** – any color inc. mixed colors
- **any color except skin color (CnS)**
- **one color except skin color (C1nS)**

Long Sleeves/ed (LS) – length to the wrist, rolled up sleeves are **NA**

Make-up – includes face make-up, artificial tan, artificial nails, artificial eyelashes.

Decoration jewellery – **a jewellery designed to be a part of a dance dress**

DRESS SPECIFICATION

1. DANCE DRESS – Only Allowed						
Partner Disc.	Male			Female		
	ST		LA	ST	Female	LA
Juvenile	W LS shirt Bo trousers Bo tie/bow tie			W blouse leotard or T shirt Bo skirt	simple C1nS dress + panties	C1nS leotard with same colour skirt attached
						
	cuts and details – see appendix I			cuts and details – see appendix II		
Junior I	W LS shirt Bo vest Bo trousers W/Bo tie/bow tie		W/Bo LS top/shirt Bo vest –opt. Bo trousers	Competition dress JI – CnS others – C		Competition dress JI – CnS others – C
						
Junior II Youth Adult Senior	B Jacket suit (B trousers B jacket W shirt B tie Or W tail shirt W bow tie)	B Tail suit (B trousers B tails W waistcoat W tail shirt W bow tie)	C Shirt/Top CnS trousers	two piece dresses NA		Top and trunk must not be only bikini
						

2. DECORATIONS, LIGHT EFFECTS

Partner Disc.	Male		Female	
	ST	LA	ST	LA
Juv	Any decorations – NA Basic materials with light effects - NA		Any decorations – NA Basic materials with light effects - NA	
Jun I			Decoration with light effects – NA (Decoration without light effects are allowed). Basic materials with light effects – NA	
Jun II – Sen	NR			

3. SHOES, SOCKS, TIGHTS

Partner Disc.	Male		Female	
	ST	LA	ST	LA
Juv	Heel: has to be max 2,5 cm B socks have to be used		Heel: block, has to be max 3,5cm C short socks are allowed Tights: skin colour - OA , mesh - NA	
Jun I	Shoes: NR B socks have to be used		Heel: has to be max 5 cm short socks are allowed tights: mesh - NA	
Jun II – Sen			NR	

4. HAIRSTYLES

Partner Disc.	Male		Female	
	ST	LA	ST	LA
Juv	If the hair is long it has to be worn in a ponytail		Decoration and coloured hairspray - NA	
Jun I			Decoration with light effects and coloured hairspray – NA (Decoration without light effects are allowed)	
Jun II – Sen			NR	

5. MAKE-UP

Partner Disc.	Male		Female	
	ST	LA	ST	LA
Juv, Jun I	Make-up - NA			
Jun II – Sen	NR			

6. DECORATION JEWELLERY (not personally jewellery)

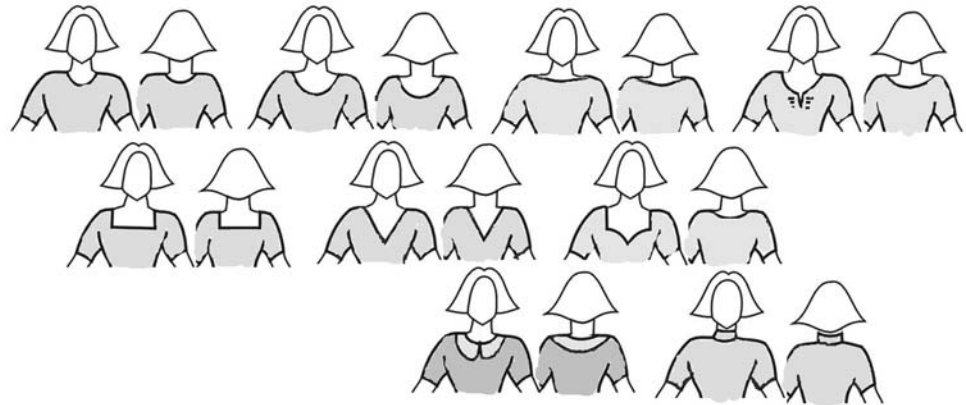
Partner Disc.	Male		Female	
	ST	LA	ST	LA
Juv	Decoration jewellery - NA			
Jun I	Decoration jewellery with light effects – NA (Decoration jewellery without light effects are allowed)			
Jun II – Sen	NR			

Appendix 1: Juveniles Male Dress

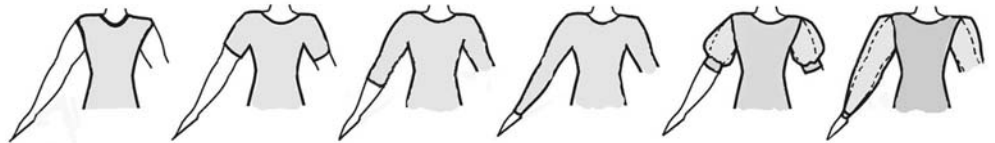


Appendix 2: Juveniles Female Dress

A. Necklines – allowed cuts, others - **NA**:



B. Sleeves – allowed cuts, others - **NA**:



C. Skirts:

- plain or pleated, made of minimum 1 to maximum 3 half circles - **OA**, one simple circular underskirt allowed, bigger underskirt - **NA**.
- frills on the skirt or the underskirt, boning, soft boning or fishing line used in the hem of the skirt – **NA**
- length **must not** be more then 10 cm above the knee and not longer than just below the knee cap.
- allowed cuts, others - **NA**



Examples:

